COLLEGE J. de LA FONTAINE
260 Rue du Pré Rigot
77350 LE MEE-SUR-SEINE

PLANNING ANNUEL DES APSA

ANNEE 2014-2015

		CYCLE 1 du 08/09 au 14/11			CYCLE 2 du 17/11 au 23/01			CYCLE 3 du 26/01 au 27/03			CYCLE 4 du 30/03 au 20/06			CLASSES		
		CHAMB	BAZEL	CALMA	CHAMB	BAZEL	CALMA	CHAMB	BAZEL	CALMA	CHAMB	BAZEL	CALMA	O.CHA	D.BAZ	
LUNDI	8															
	9															
	10															
	11															
	13.30	1/2 FOND			LANCER			TT			FOOT			4°2		
	14.30	1/2 FOND			VITESSE			LANCER			ULTIMATE			5°1		
	15.30	TENNIS			TENNIS			TENNIS			TENNIS			SS		
	16.30	TENNIS			TENNIS			TENNIS			TENNIS			SS		
MARDI	8	ACROSPORT	BASE BALL	BADMINTON	CO	ACROSPORT	AC	BADMINTON	LUTTE	CO	BASKET	CO	AGRES	3°5	4°3	5°3
	9	ACROSPORT	BASE BALL	BADMINTON	CO	ACROSPORT	AC	BADMINTON	LUTTE	CO	BASKET	CO	AGRES	3°5	4°3	5°3
	10	NATATION		AC	NATATION		BADMINTON	BADMINTON		CO	ULTIMATE		AGRES	6°1		5°4
	11	NATATION	NATATION	AC	NATATION	NATATION	BADMINTON	BADMINTON		CO	ULTIMATE		AGRES	6°1		5°4
	13.30	1/2 FOND	1/2 FOND	1/2 FOND	CO	LANCER	BASE BALL	ULTIMATE	ULTIMATE	LANCER	AC?	BASE BALL	ULTIMATE	6°2	3°2	3°4
	14.30	VITESSE	1/2 FOND	1/2 FOND	CO	LANCER	LANCER	ULTIMATE	ULTIMATE	TT	AC?	BASE BALL	FOOT	6°2	3°3	4°1
	15.30	TENNIS	1/2 FOND		TENNIS	VITESSE		TENNIS	ULTIMATE		TENNIS	LANCER		SS	5°2	
	16.30	TENNIS			TENNIS			TENNIS			TENNIS			SS		
MERCREDI	8	AGRES	1/2 FOND	BASKET	CO	LUTTE	BADMINTON	BADMINTON	CO	ACROSPORT	AC	ULTIMATE	CO	5°1	6°3	3°1
	9	AGRES	VITESSE	BASKET	CO	LUTTE	BADMINTON	BADMINTON	CO	ACROSPORT	AC	ULTIMATE	CO	5°1	6°3	3°1
	10	BASKET	ACROSPORT	1/2 FOND	LUTTE	BASKET	CO	ACROSPORT	BASE BALL	ULTIMATE	BASE BALL	LUTTE	AC	4°2	4°4	6°4
	11	BASKET	ACROSPORT	VITESSE	LUTTE	BASKET	CO	ACROSPORT	BASE BALL	ULTIMATE	BASE BALL	LUTTE	AC	4°2	4°4	6°4
	13.30	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	AS	AS	AS
	14.30	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	AS	AS	AS
	15.30	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	A.S.	AS	AS	AS
	16.30															
JEUDI	8	1/2 FOND	BASKET	LUTTE	AGRES	BADMINTON	ACROSPORT	CO	ACROSPORT	BASKET	LUTTE	CO	BASE BALL	6°1	3°3	4°1
	9	VITESSE	BASKET	LUTTE	AGRES	BADMINTON	ACROSPORT	CO	ACROSPORT	BASKET	LUTTE	CO	BASE BALL	6°1	3°3	4°1
	10	LUTTE	AGRES		AGRES	BADMINTON		BADMINTON	AC		NATATION	CO		6°2	5°2	
	11	LUTTE	AGRES		AGRES	BADMINTON		BADMINTON	AC		NATATION	CO	NATATION	6°2	5°2	
	13.30	AE	1/2 FOND		AE	VITESSE		AE	LANCER		AE	ULTIMATE		5°3	5°4	
	14.30	1/2 FOND			LANCER			BASE BALL			ULTIMATE			3°2		
	15.30															
	16.30															
VENDREDI	8		BASKET	ACROSPORT		BADMINTON	CO		CO	BADMINTON		ACROSPORT	BASKET		3°2	3°4
	9		BASKET	ACROSPORT		BADMINTON	CO		CO	BADMINTON		ACROSPORT	BASKET		3°2	3°4
	10		NATATION	NATATION		NATATION	NATATION		BADMINTON	AGRES		AGRES	BADMINTON		6°3	6°4
	11	NATATTION	NATATION	NATATION	NATATION	NATATION	NATATION		BADMINTON	AGRES		AGRES	BADMINTON		6°3	6°4
	13.30		1/2 FOND	1/2 FOND		TT	LANCER		FOOT	ULTIMATE		LANCER	BASE BALL		4°4	3°1
	14.30		1/2 FOND	1/2 FOND		TT	VITESSE		FOOT	LANCER		LANCER	ULTIMATE		4°3	5°3
	15.30															
	16.30															